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Self Help For Trauma with Tapping - General Version 2017 by Ulf Sandstr\u00f6m 3 years ago 4 minutes, 46 seconds 26,446 views Follow the character in this video to perform First Aid for emotional and traumatic stress symptoms - it is a self regulation technique ...

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The Couch Potato - Kids Books Read Aloud by Storytime Anytime 2 months ago 8 minutes, 12 seconds 42,729 views The Couch Potato Author - Jory John Illustrator - Pete Oswald #StorytimeAnytime #TheCouchPotato #KidsBooks ABOUT THE ...

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2 books to teach kids about tapping. by Caitlin Cady 1 year ago 1 minute, 53 seconds 44 views 2 , books , to introduce tapping or EFT to your kids! The Wizard's Wish <https://amzn.to/2Hx2GC1> By Brad Yates , Bear Hugs , And ...

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